## Po Leung Kuk Jockey Club Tai Tong Holiday Camp

## [Residential Camp]

Time	Check-in day	
3:15 p.m.	Registration	
3:15 - 4:00	Briefing	
4:00 - 5:00		Programme or Rope course Remarks: 1, 2,3)
6:00 – 6:40	Dinner	
6:00 - 10:00	BBQ	Sport activities or
10:00 - 10:20	Dessert	Club house activities (Remarks: 4,5,8)
11:30 p.m.	Light out	

Time	Subsequent day	
8:15 – 8:45 a.m.	Breakfast	
9:00 – 12:00	Recreational Programme or Rope course ( Remarks: 1, 2,3 )	
1:00 - 1:30	Lunch	
4:00 - 5:00	Recreational Programme or Rope course ( Remarks: 1, 2,3 )	
6:00 – 6:40	Dinner	
6:00 – 10:00	BBQ	Sport activities or Club
10:00 - 10:20	Dessert	house activities (Remarks:4,5,8)
11:30 p.m.	Light out	

Time	Check-out day
8:15 – 8:45 a.m.	Breakfast
9:00 - 12:00	Recreational Programme or Rope course (Remarks: 1, 2,3)
12:30 – 1:00	Check out
1:00 - 1:30	Lunch (please bring your belongings
	to the canteen)
1:45 p.m.	Leaving

(Effective: 1/5/2021

Remarks: \* Please refer to Chinese version \*

- 1. Recreational Programme: Cycling, archery, trampolining, sport climbing, orienteering, gate-ball and lawn bowl, all being conducted and supervised by qualified instructors.

  (The above programme arrangements are subject to number of campers or weather conditions by the camp)
- 2. Swimming pool opens from May to October. All participants must wear swimming costume, suntan oil or lotion is not allowed when swimming. Chasing around, diving and snorkeling are prohibited in the swimming pool. Adult must accompany with children under 12 years and body height below 1.1 m.
- 3. Rope Course: various training elements with progressive difficulty levels in outdoor recreation rope course. (without instructors)
- 4. Free of Charge Activities: Table tennis, badminton, Chinese billiard, basketball, football, volleyball and chess can be borrowed in the camp with no charge.
- 5. Charged Activities: Except Feeding fish, art & craft, air hockey and basketball machine, participants should be aged 18 or over when booking darts, squash, snooker, American pool, mahjong, karaoke and golf cart driving (with valid driving license).
- 6. DIY workshop: Mosquito repellent incense cones, Tie-dyed, Modeling soap, Beeswax lip balm, Geranium rose hand cream, Mintitch cream, Jelly candle. (Reservation Required)
- 7. Seminar Room, Activity Room, Stage, Recreation & Sport Pavilion, Adventure Equipment, Low Element Complex & Challenge Rope Course can be rented at different charges.
- 8. Selection of Meal Set: Regular Meal, Special Meal, Vegetarian Meal (10 persons per table)(min. order: 20 persons). Set dinner/BBQ and dessert can be provided in Evening Camp.
- 9. Bring your own cleaning accessories and mind your personal belongings.
- 10. The above meal times are for reference only, subject to the number of daily campers, the camp will re-arrange the meal times if required.

  Please re-confirm with our camp staff when you check in at the Camp Office.
- 11. The camp reserves all rights on any activity / venue / meal arrangement.